

# New Jersey Self-Help Group Clearinghouse

## GROUPS THAT CAN BE STARTED IF OTHERS WILL HELP!

Here is a **list of the issues around which individuals would like to start new self-help groups counties specified**. However, they cannot do this alone. They need the help of a few others to start. So, if you are interested in assisting any of these individuals to help get the group off the ground, attend the group if it starts, or if you would like to find out about our free services in helping people others to start groups, phone us for details at **1-800-367-6274**. At any given time, Clearinghouse over 100 such individuals to start needed new groups. (NOTE: This list is continually changing.)

[Click here for a map of NJ counties](#)

### ATLANTIC COUNTY

Mild Brain Injury  
Single Mothers

### BERGEN

Career Mothers  
Separation and Divorce  
Spinal Cord Injury  
Lyme Disease  
Parents of Children with Non-Verbal Learning Disabilities  
Persian-speaking Women with Cancer and Cancer Survivors  
Young persons with disabilities

### BURLINGTON

Chronic Pain

### CAMDEN

Arthritis, Fibromyalgia & Autoimmune Disorders  
Blind and Visually Impaired

### CAPE MAY

(none at this time)

### CUMBERLAND COUNTY

Post Traumatic Stress Disorder

### ESSEX

Bereavement  
Domestic Violence  
Post Traumatic Stress  
Men's Group  
Wounded by Religion

### GLOUCESTER

Bipolar & Anxiety

### HUDSON

Battered Men  
Job Seekers

### HUNTERDON

Neurofibromatosis

### MERCER

Parents of Children w/Developmental Disabilities  
Siblings of Children with Autism

### MIDDLESEX COUNTY

Advocacy for Families of Persons with Disabilities  
Disabled Adults  
Women with Disabilities who are victims of Domestic Violence  
Families of Persons with Disabilities  
Progressive Supranuclear Palsy  
Unemployment

TM

## MONMOUTH

Christian Women Survivors of Sexual Abuse  
Reflex Sympathetic Dystrophy  
Wartime Trauma

## MORRIS

Adolescent Sexual Abuse  
Stepparenting  
Young Widows  
Spouses of Persons Having an Affair  
Grief from 9/11  
Facial self-esteem issues  
Parkinson's disease  
Women with Borderline Personality Disorder

## OCEAN

Brain Injury  
Chronic Pain  
Parents of Estranged Adult Children  
Scoliosis  
Transgendered persons & family  
Widows & Widowers

## PASSAIC

Bereavement (afternoon group)  
General Mental Health  
Workplace Sexual Harassment  
Youth Motivation

## SALEM

None at this time

## SOMERSET COUNTY

Autoimmune & Related Disorders  
[Blood Cancer Patients & Families](#)  
Body Dysmorphic Disorder  
Chronic Pain  
Disabled Persons Advocacy Group  
Disabled Women and Violence  
Grandparenting  
Parents of Kids with Oppositional Defiant Disorder  
Visual Impairment  
Workaholics

## SUSSEX

Parental Alienation  
Schizophrenics Anonymous

## UNION

Body Abuse (self-injury, bulimia, etc)  
Disabled Persons Advocacy Group

## WARREN

Dual diagnosis (mental illness & addiction)

## STATEWIDE

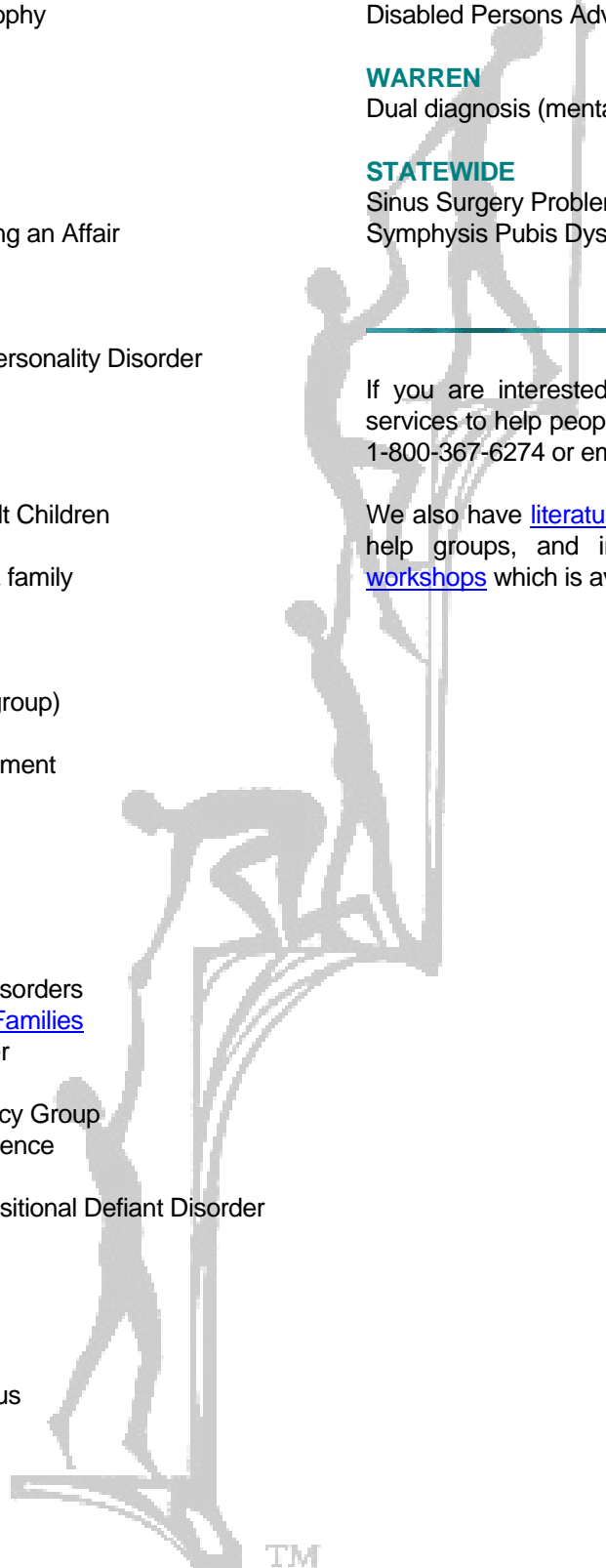
Sinus Surgery Problems  
Symphysis Pubis Dysfunction

---

If you are interested in learning about our free services to help people start new groups call us at 1-800-367-6274 or email [Barbara](#).

We also have [literature](#) on starting & running self-help groups, and information on our [training workshops](#) which is available for downloading.

Updated November 2009



TM