

# NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

375 East McFarlan St., Dover, NJ 07801 \* 1-800-367-6274 or 973-989-1122 \* Fax: 973-326-9467 \* <http://www.njgroups.org>

## SPEAKERS' BUREAU

*Below is a list of persons who have contacted the Clearinghouse to let us know that they are available to speak at self-help group meeting. The names have been added in the order received.. The information on this list came directly from each person listed and has not been verified by the Clearinghouse. If you wish to have someone on the list come speak to your group, please contact them directly. It is up to each group and guest speaker to decide between them the subject matter, times, days, etc. for the speaking engagement. The Clearinghouse welcomes feedback from the both the groups and the guest speakers. Please note that the list of speakers grows on a daily basis. To receive an updated list, please contact the Clearinghouse.*

<u>NAME/ADDRESS</u>	<u>PHONE/CONTACT</u>	<u>SUBJECTS</u>	<u>AVAIL</u>	<u>LOC</u>
Huntley Forrester Proj. Director NJ WINS 354 South Broad St. Trenton, NJ 08608	Work: 1-877-NJWINS TTY: 877-659-4672 FAX: 609-392-3505 <a href="http://www.njwins.org">http://www.njwins.org</a>	Work incentive program	Day	NJ
Mary Jo Schreiber Stroke Activity Center 725 Joralemon St., #191 Belleville, NJ 07109	Phone: 973-450-4114	Stroke prevention, health, seniors	Various	Various
Mildred Potenza	Call the Clearinghouse	Benefits of groups, running groups, caregiving, dementia, dementia, Alzheimer's, geriatric populations	Day	Monmouth Mercer Middlesex Somerset
Fred A. Levine New York	Work: 212-352-3100	Hope, long-term partnerships, Support, medication management, transportation, advocacy, resources, employment, housing, humor	Various	Various
Emanuel Estaes, CSW Steininger Center Family CARES Program 19 E. Ormand Ave. Cherry Hill, NJ 08034	Work: 856-428-1300 ext. 201	Families of the mentally ill	Various	Various
Stephanie T	Call the Clearinghouse	Panic disorders, anxiety, phobias	Daytime	Various
Rita W	Call the Clearinghouse	Support services for families & children of the mentally ill (Bilingual)	Various	Various
Visiting Nurses Assn	Work: 732-224-6723	All health topics	Various	Various
Parents Anonymous 12 Rozel Rd., Suite 103 Princeton, NJ 08540	Office: 609-243-9779	Parenting, family violence, children	Various	Statewide
Alexis Fitzsimmons, RN Holy Name Hospital 718 Teaneck Rd. Teaneck, NJ 07666	Work: 201-833-7100 <a href="http://www.holyname.org">http://www.holyname.org</a>	Sexual assault, dating violence, domestic violence, women's health	Various	Various

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Epilepsy Fdn of NJ 35 Beaverson Blvd., #8A Brick, NJ 08723	Office: 732-262-8020 Fax: 732-262-4373 <a href="http://www.efnj.com">http://www.efnj.com</a>	Variety	Various	South/Central NJ
Arlene Oberst Prevent Child Abuse NJ	973-643-3710	parenting skills, preventing child abuse	Various	Various
Junior League of Monmouth	732-842-2039 x 3	healthy teen relationships	Various	Various
Virginia S.	Call the Clearinghouse	families of the mentally ill	Mon-Tues, 9-4	Various
Jennifer D Rockaway	Call the Clearinghouse Fax: 973-625-8049	Meditation, massage, Tai Chi stress management	Various	Various
Charlie Breitweiser	Work: 732-762-0837	Motivational speaker, self-esteem, self-confidence	Various	Middlesex region
Samaritan Hospice 5 Eves Dr., Suite 300 Marlton, NJ 08053	800-229-8183 <a href="http://www.samaritanhospice.org">http://www.samaritanhospice.org</a>	Various	Various	Various
Miriam Taunean Caregiver Connections 395 S. Center St. Orange, NJ 07050	973-675-3817 x 382 Fax: 973-673-5782	caregiving, Caregivers Connections	Various	Essex
Nick Jouvanis Edison, NJ	Phone: 732-248-9369 <a href="http://TheSpritualKey.com">TheSpritualKey.com</a>	yoga breathing, alternate healing, nutrition, vitamins	Various	Various
Jeff Angelson NW Mutual Long Term Care	908-918-4078	planning for long term care, social security, Medicaid (seminar workshop style)	Various	North/Central NJ
Renee Sussman	Cell: 551-206-9019	Life coach	Various	Northern NJ
Tom Hollerbach Golden Years Real Estate 470 Schooley's Mtn. Rd. Hackettstown, NJ 07840	Work: 908-813-0210 <a href="http://GoldenYearsEquity.com">GoldenYearsEquity.com</a>	How seniors can sell their house when they go to nursing home, etc.	Various	Various
Dr. Elizabeth Marmaros 519 Bloomfield Ave., #4E Caldwell, NJ 07006	201-247-2727	Stress management, developing healthy relationships (divorce, transition), grief, loss, self-care, self-empowerment	Various	Essex/Union
John W	Call the Clearinghouse	Avoiding & dealing with bankruptcy personal finance, drunk driving prevention, assets, debt elimination, improving credit	Various	Essex, Morris Union, Bergen, Hudson
Lisa Kincaid Hand N Hand Coaching	856-461-1652 <a href="http://www.HandNHandCoaching.com">http://www.HandNHandCoaching.com</a>	life coaching, ADHD	Various	South Jersey
Dr. Bruce Weinstein Corp Communications	212-706-3832 917-593-1195 <a href="http://www.TheEthicsGuy.com">http://www.TheEthicsGuy.com</a>	Resolving & avoiding conflicts; fundamental ethical principles, taking the high road, positive meetings	Various	North Jersey

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Barbara Egger The Elements of Health Wrightstown, NJ 08562	609-758-1009 609-758-5735 (cell)	Holistic recovery for parent's of addicts	All	All
Craig Cintron Ameriprise Financial 61 S. Paramus Rd. Paramus, NJ 07652	201-843-1333 ext. 262 Fax: 201-843-1188	Financial planning, women's finances, bankruptcy, retirement, tax reduction, education, estate planning, all financial topics (Needs 2 wk notice)	Day/Eve	Bergen region
Ronnie L	Call the Clearinghouse	Alcoholism, recovery	Mon eve; Wed-Fri-Sat, day/eve	Anywhere
Rhonda Brand Daughters of Miriam 155 Hazel St. Clifton, NJ 07015	973-253-5235	Validation (or File) therapy for dementia patients	Var. nights/	Passaic County
Christine PiCasello Rape Crisis Director 75 Essex St., Suite 108 Hackensack, NJ 07601	201-638-9601	Sexual victimization, sexual assault, incest	Weekdays, Sat. eve (advance notice)	Bergen/Passaic Essex/Hudson
Benjamin Eckman	Work: 973-709-0909	Elder Law, disability law, estate planning	Weekday AM or PM	Central/Northern NJ
Barbara F	Call the Clearinghouse	Braille literacy, cane travel, mobility, various visual impairment agencies for demonstrate adaptive equipment	Various	Middlesex
Barbara Y	Cell: 908-278-1975 Work: 732-262-0450	Living with chronic illness and/or autoimmune disease	eve/weekends	Ocean Monmouth
Altece Smith	873-783-3444 x176 Cell: 973-801-0723	Being HIV+ & substance abuser	Mon-Tue-Wed	Essex/Hudson Union
David Nasoff	Cell: 732-687-1730 Work: 732-787-1183 Fax: 732-787-0474	Separation/divorce (coping, moving on, life after divorce). Relationships (making them work, children, pushing buttons, baggage we all carry)	Wed-Sun eves Others w/notice	0-50 miles from Keyport
Prokopis Christou Fine Speakers Bureau <sup>TM</sup>	<a href="http://www.finespeakers.com">www.finespeakers.com</a>	How to Boost Your Career, Personal Influence and Political Savvy for Managers, Professionals & Everyone. How to Prepare and Deliver Effective Speeches, Impromptu Speaking Workshop.	day/eve/Sat	New Jersey
Judi Fiederer	Work: 973-509-9777 Cell: 973-768-3811 Fax: 973-509-9888	Mental illness, mental illness & effects on the family, stigma of mental illness, family response/reaction to mental illness diagnosis	Open	Essex/Passaic
Herbert Potash, Ph.D	Phone: 973-377-1644	Overcoming unhealthy side of personality, developing greater self-trust, dealing with troublesome emotions of anxiety, anger, sexuality.	Mon/Wed eve	Anywhere with notice (Would want book signing for his book at talk)

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David Owens, Exec. Dir Contact We Care, Inc.	Work: 908-301-1899 Cell: 908-337-1675 Fax: 908-301-1822 <a href="http://www.contactwecare.org">http://www.contactwecare.org</a>	Calling Out For Help: Role of Our Crisis Hotline in Helping Those in Emotional Distress. Value of active listening	Varies, eves.	Union county; region
Ronald L, Jr.	Cell: 848-702-5044	Obsessive Compulsive Anonymous Recovery from OCD) or AA	Eve (Mon, Tue, Thu, Fri	NJ
Suzanne Reitmeier Parents Anonymous of NJ 134 Evergreen Pl., 3rd Fl. East Orange, NJ 07018	Work: 973-414-6650 Cell: 609-532-5802 Fax: 973-414-6654	Preventing parent burnout, time-out for parents - coping with anger	Tues anytime Wed, day/eve Thurs, day/eve	Essex, Union, Middlesex, Hudson, Bergen
Alan Wynzel, Life Coach	Call the Clearinghouse	Helps people create a successful life after divorce	Evenings, day	N. NJ (Morris, Essex, Bergen, Passaic, Somerset Hudson, Sussex
Alisa Jacobson, Esq Law Office of Jacobson 431 Margiasso Court River Vale, NJ 07675	Work: 201-573-0061 Cell: 201-424-2502 Fax: 201-573-0079	Special education including "A successful IEP – What makes breaks it," Federal IDA, etc.	Anytime	Bergen, Essex, Hudson, Sussex, Ocean, Monmouth
Fran Hoey EB Chandler HS 277 George St. New Brunswick, NJ 08901	Work: 732-235-6716	HIV/AIDS	Mon; Wed, Thu 9-5; Fri day some evenings	Somerset, Middlesex
Sarah Vazquez Dept. of HS Div. of Disability Svcs PO Box 700 Trenton, NJ 08625	Cell: 609-477-4087 Work: 609-292-2703 Fax: 609-292-1233 <a href="http://www.state.nj.us/humanservices/dds/projects/discoverability/">http://www.state.nj.us/humanservices/dds/projects/discoverability/</a>	NJ Workability Medicaid Buy-in Program (People with disabilities can work and still collect Medicaid benefits)	Mon-Fri. 9-5	Statewide
Tania K	Cell: 732-740-95891	Fibromyalgia	Various	Monmouth, N. Ocean, Lawrenceville
Joyce A. Venis, RNC	Work: 609-683-1000 Fax: 609-683-4554	Premenstrual syndrome, post partum depression	Various	Mercer region
Danielle Gibson	Cell: 732-718-5724	Transracial adoption, open and semi-open adoptions, domestic adoption, African American adoption	Evenings	Monmouth/Ocean
Maida Vilches CCWC Outreach 415 Cooper St. Camden, NJ 08102	Work: 856-963-5668 X11 Fax: 856-964-4998 <a href="http://www.njaconline.org">http://www.njaconline.org</a>	Domestic violence, understanding Latino culture, victim sensitivity training, sexual assault/abuse	Flexible	Camden County region
Diana Batten, LCSW ACMC Hospice 1406 Doughty Rd. Egg Hrbr Twp, NJ 08234	Work 609-272-2418 Fax: 609-407-0538	Understanding grief, grief & spirituality, children/teens grief, grief in work, school church. Composing & facilitating grief support group	Various	Atlantic, Cape May, Ocean, Burlington, Cumberland, Monmouth, Camden

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Vince Grimm c/o Gables P.O. Box 641 CMCH, NJ 08210	Work: 609-861-1848 <a href="http://gablesapemay.com">gablesapemay.com</a>	Gay issues	Most anytime	Atlantic, Cape May, Salem, Cumberland. Call for other locs
Camden Cty FSO 23 W Park Ave, #103-104 Merchantville, NJ 08109	Work: 856-662-2600 <a href="http://www.camdenfso.org">www.camdenfso.org</a>	NJ system of care for children w/behavioral emotional/mental challenges. (Speakers from FSO Care Mgmt Org, Mobile Response and Youth Care Mgmt. Also Youth Partnership on system of care from a personal point of view, youth presenters	Mon-Fri, 9-5 or call to set-up diff time	Camden County but can refer to other orgs.
Rita Sason, ASCW	Call the Clearinghouse <a href="http://www.ocjf.org">http://www.ocjf.org</a>	Marriage after retirement, safe dating, learning disabilities, preparing for retirement, caring for the caregiver, marital communication	Various (Lakewood)	N. Ocean Cty, Brick, Jackson, Manchester)
Linda Brown New Directions P.O. Box 708 Woodbury, NJ 08097	856-468-5000 x6432 Fax: 856-4681988	Addictions, fibromyalgia, depression, healing after divorce/death, coping skills, understanding why you do what you do (DiSC model), relationships, understand your gifts, be the best you can be, spirituality wellness, Uniquely You just for teens	Tues eve, Sat, Wed morn or afternoon	Gloucester Camden Mercer Burlington S. Jersey
Virtua Hospital (Various locations)	1-888-VIRTUA-3 <a href="http://www.virtua.org">http://www.virtua.org</a>	Business, cancer, family health, fitness, nutrition, good health, healthcare careers, heart health, looking good, safety, seniors, cost of health care, women	Various	Burlington Camden
Andrea Burleigh Atlantic/Cape FSO 1601 Tilton Rd., Unit 1 Northfield, NJ 08225	609-485-0575 x105 Fax: 609-485-0467	Help parents find help for their children that have emotional/behavioral challenges. Let parents know they're not alone	M-F, 9-5; eves can be arranged	Atlantic Cape May
Candace B	Call the Clearinghouse	Experience/recovery from incest, childhood sexual abuse, self-mutilation, alcoholism, dissociative identity disorder, advocacy Uses poetry as presentation tool, Power Point	Wknds, M/F anytime, Wed- Thurs after 3pm	Bergen, Passaic,
Dr. Aviva Sinvany-Nubel	Work: 908-722-9884 Cell: 908-240-8653 Fax: 908-722-0666	Transgender, transsexual persons, marriage, family, relationships (not only transgendered) Handling teens at home, co-dependency	Anytime, week days/weekends with notice	Anywhere. Long distances need to compensated
AIDS Coalition S Jersey 100 Essex Ave. Bellmawr, NJ 08031	Work: 856-933-9500 <a href="http://www.acsnj.org">www.acsnj.org</a>	HIV/AIDS statistics, prevention methods, treatments	Mon-Fri, 9-4:30	Camden, Burlington Gloucester
Sonia Reyes, LCSW	Work: 973-299-5430 Cell: 973-216-6432 Fax: 973-831-9892	Child abuse, incest, domestic violence	Eve or Sats.	Morris, Passaic
Frank G. Risalvato, CPC Sussex County, NJ	Work: 973-300-1010 <a href="http://www.iresinc.com">http://www.iresinc.com</a> <a href="http://searchwizard.com">searchwizard.com</a>	Resumes, networking, interviewing, recruiting, internet searching, etc. Can tailor to a group's need. Prof. recruiter with 20 yrs experience and a wealth of knowledge to share.	Most days & times with advance notice	Sussex, Morris, Warren

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Charles (Bud) Cannaveno	Cell: 908-310-6513 <a href="http://morrisfpa.org">morrisfpa.org</a>	Foster & adoptive family care and support Child welfare system, children in courts	M-W-F eve., some weekends	Morris/Sussex
Lauren Meisels, PhD	Work: 973-762-4147 Cell: 973-202-0889 Fax: 973-762-4147	Perinatal mood disorders	Flexible. Mon, Wed., Fri. day/eve	Essex, Morris
Dorene L	Cell: 908-377-7939 Work: 908-322-2202 x142 Fax: 1-866-452-6785	Food addiction (17 yrs of recovery from disease of food addiction); abstinence from sugar, wheat, flour.	Anytime	Anywhere
L. Garfield Eating Disorders Assn 10 Station Pl. Metuchen, NJ 08840	Work: 732-549-6886 1-800-522-2230 Fax: 732-906-9307 <a href="http://www.edanj.org">www.edanj.org</a>	Eating disorders, body image, nutrition. healthy lifestyles	Various	Various
Bill G	Cell: 609-213-4032	Nar-Anon (families of drug addicts) Peripheral neuropathy Ulcerative colitis/Crohn's, irritable bowel	Various	Mercer, Ocean Burlington (parts) Monmouth, Middlesex
Theldora H	Call the Clearinghouse	Speaks on personal recovery from bipolar illness. (Has stayed out of hospital 15 yrs)	Weekday but would consider eves	Near Westfield in Union unless transportation provided
Mary Kay Krokowski BSN, MA, CMC P.O. Box 822 Pennington, NJ 08534	Work: 609-815-5959 Fax: 609-737-7453	Geriatric care management, nurse/ medical needs of chronically ill dementia management	Day/eve Mon-Tues	Mercer, Hunterdon N. Burlington
Barbra London	Work: Fax: 201-392-0552 <a href="http://freedomeldercare.com">freedomeldercare.com</a>	Exploration of Mother/Adult Daughter Relationship; continuum of care for parents; eldercare planning; adjustment to aging; family caregivers	Mon/Fri, day/eve	Essex, Morris, Union, Bergen
Sandra N	Cell: 609-488-0223	Overeaters Anonymous 12-step program of recovery	Weekends	Various
Maryjean Ellis	Cell: 973-670-8998 Work: 973-726-9674 Fax: 973-726-9821	Social Security Disability and SSI claims, Workers Compensation claims	Flexible	Sussex County, northern Warren, Passaic, Morris
Frank McKinley	Call the Clearinghouse Fax: 973-515-5190	Investment and insurance related topics (cash management, retirement, college funding, estate planning)	All but Sun., day/eve	North NJ
Joseph Ruffalo	Wrk 973-672-5800 X230	Blindness and vision loss issues	Any day	Essex, Bergen Hudson, Union. Other staff will do other counties

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Debbie Aidelman, MS	Work: 1-888-322-1918 Cell: 732-995-1744	Issues linking disabilities and substance abuse, Fetal alcohol syndrome prevention	Weekdays 91m-5pm	Statewide, prefer central NJ
Sue Dietz	Sue_headstart@yahoo.com	Head Start	eve	Burlington County
Eating Disorders Assn of NJ 10 Station Place Metuchen, NJ	1-800-522-2230	Eating disorders, disordered eating, body image	Various	Statewide
Gail Dembin IOOV Prog. Southern NJ 150 Blackman Rd. Egg Harbor Township, NJ 08234	609-927-0215	"In Our Own Voice – Living with mental illness" a presentation on recovery from mental illness. Performed by consumers	day/eve Most any day	Atlantic, Cape May, Salem, Cumberland, Gloucester
Jay Yudof	Call the Clearinghouse	In Our Own Voice		Other counties
Andrea Burleigh	609-485-0575	Family Support Organization	Mon-Fri, day (some eve)	Atlantic, Cape May
Chris W	Call the Clearinghouse	Post traumatic stress disorder, trauma and recovery	Any	Ocean, Monmouth
Pat Smith	1-888-366-6611 Fax: 732-938-7215	Lyme disease	Varies	varies
Susana Fonticoba	Work: 973-952-0053 Fax: 973-952-0093	Computer basics as it relates to internet browsing & researching, emailing, keeping safe on the net, keep your self organized	Flexible	Morris County, Western Essex
Fran Harrington-Dix MA, LPC	Call the Clearinghouse	Anxiety disorders, use of eye movement, desensitization & reprocessing (EMDR) in treatment of anxiety & trauma. Teen depression, suicide awareness, adolescent self-esteem	Weekdays best Flexible except Wed eves.	Mercer County
Joanne Parker	Cell: 201-741-4096 Work: 609-730-8534	Acupuncturist specializing in depression, infertility, smoking cessation, anxiety and stress	Eve & Sat.	Mercer County Hunterdon County below Flemington
Diana Sebzda Karen Ann Quinlan Hospice, Joseph T. Quinlan Bereavement Ctr 99 Sparta Ave. Newton, NJ 07860	Work: 973-383-0115 Fax: 973-383-6889 <a href="http://www.karenannquinlanhospice.org">http://www.karenannquinlanhospice.org</a>	Pet loss, bereavement, caregiver stress, strain, compassion fatigue, power of rituals, healing, coping w/holidays, children & grief, general grief education	week days	Sussex, Morris, Warren, Passaic Counties
Jamie Novak	Work: 1-866-294-9900 Cell: 732-754-4070 <a href="http://www.jamienovak.com">http://www.jamienovak.com</a>	Clearing clutter, getting organized, time management, reaching goals, overcoming procrastination	Anytime	Anywhere

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Jerry Reidy	Cell: 908-612-5698 Work: 908-272-7715 <a href="http://www.JerryReidy.com">http://www.JerryReidy.com</a>	Stress relief, stress management, living a fuller more happy life, overcoming fears, infertility, living with autoimmune diseases	Any day	Within 1 hr drive of Union County
Douglas A. Vogel c/o SNAP .	Work: 973-813-7259 Fax: 973-813-7261 <a href="http://www.snapinfo.org">www.snapinfo.org</a>	Planning the future for a child or other dependent with special needs; The parent as an advocate in the medical insurance context	Anytime	Morris, Essex Bergen, Passaic, Middlesex, Monmouth, Mercer, Somerset Union, Warren, Hunterdon
Rose Bloom Alternatives in Healing	Work: 609-726-1465	Self-care, holistic approaches to life & healing. Parenting, codependency, substance abuse. Domestic violence; courage to change, single parenting, empowering women. Health & holistic approach to healing yourself. Meditation & manifesting goals.	Mon-Wed Saturdays	Burlington, Mercer County
Stanley Crougter	Work: 908-788-8585	Parents of murdered children	Weekends, evenings	Somerset & Hunterdon
Maria G. Turchi Massage/Essential Oil Therapy	Cell: 201-655-4253 <a href="http://www.bodyworker.us">www.bodyworker.us</a>	Massage & essential oils for people with disabilities to enhance over all health & well-being and to reduce stress & anxiety. Self care workshops, partners massage classes (moms/dads/friends)	Any day with enough notice	Bergen Passaic Sussex Morris Hudson Union Somerset Middlesex Hunterdon
Craig van Baal or Vince Grimm GABLES P.O. Box 641 Cape May Court House, NJ 08210	Cell: 609-425-0819	Small Town Queers – how to organize a group in a small town, gain acceptance and credibility—eventually integrating into the community.	Most times	South Jersey, Philadelphia
Rose S	Call the Clearinghouse	What MAPS can do to assist those afflicted with multiple sclerosis, Alzheimer's and Parkinson's disease who have financial hardships. We provide medical equipment and medical supplies	Mon-Fri 10am -4pm	Atlantic County & towns along AC Xpressway to Walt Whitman Bridge
Arrawanna Allen City Hall Solicitor Office Rm 406 1301 Bacharach Blvd. Atlantic City, NJ 08401	Office: 609-347-5372	Cancer survivor. Would like to speak with others with cancer to help them through it with a positive attitude.	Weekends	Atlantic City area
Carol Cohen American Red Cross 1540 W Park Ave. Tinton Falls, NJ	Work: 732-493-9100 Cell: 732-647-5201	Lifeline personal emergency response system	Anytime	Monmouth Ocean Middlesex Mercer
Elizabeth Salston P.O.Box 6658 E. Brunwsick, NJ 08816	Phone: 732-238-1775 <a href="http://www.salstoneldercare.com">www.salstoneldercare.com</a>	Care management, Housing options, cultural concerns in caregiving, Jewish holiday programs, Jewish history, gangsters, biographies of Jews, etc	Anytime	Middlesex Mercer, Union Somerset N Monmouth

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Nicole Morella	Work: 267-7520 x121 Fax: 973-455-0830 www.jbws.org	domestic violence, dating abuse, impact of domestic violence on children, abuse in later life, healthy relationships, Domestic Violence law, restraining orders.	Flexible	Morris, Sussex Union, Essex Passaic, Warren Somerset
Emma Shelby Comm MH Health Ed.. MHA in NJ 88 Pompton Ave. Verona, NJ 07044	Work: 973-571-4100 x113 Fax: 973-857-1777 http://www.mhanj.org	Mental Health overview, specific disorders, etc. Mental health & WRAP (Wellness Recovery Action Plan), Consumer employment issues. Other presentations based on group's needs	Mon-Fri, 9am-5pm. Eves can be arranged	Statewide NJ
Diane Beck MHA of Morris County 100 Rt 46 E. Bldg C Mtn Lakes, NJ 07046	Work: 973-334-3496 125 Cell: 973-224-3065 Fax: 973-334-4920 Email: dianembeck@juno.com	Anti stigma, personal history, ending smoking	Any day Anytime	Statewide
Linda Smith Certified Parent Coach Child & Family Res. 111 Howard Blvd., #201 Mt. Arlington, NJ 07856	Work: 973-601-6145 Fax: 973-398-0319 www.childandfamily-nj.org	Parenting & education topics such as child development, understanding temperament, teaching positive behavior skills, understanding my infant, toddler, preschooler or elementary age child, brain compatible parenting, social emotional development, examining different parenting styles to maximize results, goal setting and follow through and more	Mon-Sat.	Morris, Sussex Warren, Hunterdon
Dyllys Komey FSO of Middlesex Cty 1950 Rt 27 No, Suite D No. Brunswick, NJ 08902	Work: 732-940-2837 Fax: 732-940-2896 <a href="http://fso-middlesex.org">fso-middlesex.org</a>	NJ system of care for children with emotional, behavioral & mental challenges. Help parents find help and resources.	Mon-Fri 9-5; eves can be arranged	Middlesex
Susan J. Elliot	Cell: 646-539-8582 <a href="mailto:susan@GettingPastYourPast.com">susan@GettingPastYourPast.com</a> <a href="http://www.GettingPastYourPast.com">www.GettingPastYourPast.com</a> <a href="http://GettingPastYourPast.wordpress.com">http://GettingPastYourPast.wordpress.com</a>	Relationships, grief, loss, breakup, divorce, single parenting, motivation, self-esteem, women's issues, overcoming your past to develop a successful future	Flexible	Northern NJ but will travel tri-state
Danica Rivello, MSW LCSW	Call Clearinghouse dnr618@aol.com	Depression, anxiety, schizophrenia, bipolar, hospice, grief, loss, bereavement Conflict resolution	Eve/weekends	Gloucester, Salem, Camden, Burlington
Nelda Betheal	Cell: 201-245-6681	How to deal with epilepsy. What to do if someone has epilepsy or seizures	Day 9-4 Wed-Thu eve Sat. anytime	Bergen
SCOOP Panel 610 Hollydell Dr. Hurffville, NJ 08080	Work: 856-582-5151 Fax: 856-582-5055	Panel of students inspire others to look beyond differences and appreciate the humanity in all of us. Students share personal life experiences and stories. Topics include transportation, relationships, school, work, personal care, advocacy.	Week days 10am – 1pm	Gloucester or close counties
Ilise L. Feitshans	Cell: 917-239-9960 <a href="mailto:ilise@prodigy.net">ilise@prodigy.net</a>	Disability law, IEP writing /enforcement law of health, human rights law, law of safety and health, law of reproductive health at work	Various	Various

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Kelly Finnegan/ Laurie Rowe PO Box 3000 Somerville, NJ 08873	908-704-6346 www.co.somerset.nj.us Finnegan or Rowe @co.somerset.nj.us	Services for seniors & their caregivers, Medicare/Medicaid issues, federal, state & local programs, emergency preparedness for seniors, fall prevention, helping an aging Loved on live safely at home, planning ahead	Any	Somerset
Liz Grudis	Call the Clearinghouse	Transracial adoption, open and semi-open adoptions, domestic adoption, African American adoption	Evenings	Monmouth/ Ocean
Christine Meyer, RN For Care Alternatives	Work: 908-967-3189	Advanced directives; hospice overview	Anytime	Ocean, Monmouth Middlesex
Annie Hercules Ocean County FSO 44 Washington St. #1A Toms River NJ 08753	732-281-5770 ex16 Cell: 732-330-5383 <a href="http://www.ocfso.org">www.ocfso.org</a> annie.hercules @ocfso.cor	System of care for children with emotional behavioral & mental health challenges. Support, educate & advocacy to families & help with resources. Youth Partnership on system of care from a personal point of view, youth presenters.	Weekday Some eves	Ocean – will refer to other counties
Jim Cyr 315 Montague Ave Scotch Plains, NJ 07076	908-294-1822 <a href="mailto:jim@hearttales.net">jim@hearttales.net</a> <a href="http://www.hearttales.net">www.hearttales.net</a> <a href="http://www.acrackedpot.com">www.acrackedpot.com</a>	Coping w/depression. Preventing, healing from sexual abuse, coping w/anxiety, stress, dissociative identity disorder, journaling for mental health, stories of healing, wisdom & faith	Anytime	Flexible with advanced notice
Josh Golder 129 South St., 2nd fl NY NY	Aaron 617-849-6400 ext. 106 <a href="http://www.mydreams.com">www.mydreams.com</a> Cell: 617-283-8693	Finding your passion, motivational speaking, the “Dream Way”	Anytime	East Coast
Beverly	godblesstheep@ Yahoo.com	Delayed grief, silent cry (crying on inside not on outside). Will sing own composition of grief songs.	Anytime	Anywhere
Susan X. Lima Ameriprise Fin. Svc 5 Sylvan Way Parsippany, NJ 07054	Work: 973-349-3053 Fax: 973-349-3272	Financial planning for families of children with special needs, estate planning, retirement planning, financial strategies for women, college planning and more	Day/eve some Sats.	Northern NJ
Deborah Clark Fine Speakers Bureau	<a href="http://www.finespeakers.com">www.finespeakers.com</a>	Facilitator speech workshop, storytelling volunteerism, community services, Training, travel, tourism, inspirational	Eve/ Weekends	Essex Union Morris
Maureen C.	Call Clearinghouse	Hope for recovery. Process of being a Survivor of all types of abuse	Day/Eve	Morris Region
Fred Leeds	Call Clearinghouse	Recovery from anorexia and bulimia	Daytime Weekdays	Camden region or Anywhere
Larry Pilarski	Work: 201-858-5326 Home: 201-339-5251 ostomyvisitor@aol.com <a href="http://www.premiersystems.net/boa.html">http://www.premiersystems.net/boa.html</a>	Colostomy related problems, colorectal cancer	Mon.	Various

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Judith Auora Ryan	201-858-1689 RyanChi@aol.com <a href="http://www.FengShuibyJudithRyan.com">www.FengShuibyJudithRyan.com</a>	Meditation, Feng Shui your space for better health	Various	North & Central NJ
Lisa Athan	973-912-0177 <a href="http://www.griefspeaks.com">www.griefspeaks.com</a> Lisa@griefspeaks.com	Grief, loss and healthy ways to cope; lost relationships; grief of children & teens; care-giving and grief	Flexible (prefer days)	Statewide
Diane Lang 207 Mountain Rd. Flanders, NJ 07836	516-220-9047	Motherhood, career, balance and family	Flexible	NJ, NYC, Long Island; Westchester
Dr. Daniel DePrince DO Dr. Anthony Carabasi DC S Jersey Health & Wellness 1919 Greentree Rd. Cherry Hill NJ 08003	856-761-8100 tcountess@sjhealthwellness.com www.sjhealthwellness.com	Health & stress, Fibromyalgia, carpal tunnel, accelerated weight loss, trigger point, arthritis, allergies, secrets to looking & feeling younger, balancing hormones, chronic pain, and more	Tues night, Weekends	Cherry Hill, Voorhees, Marlton, Moorestown, Pennsauken, Surrounding Area
NJ State Bar Foundation NJ Law Center One Constitution Square New Brunswick, NJ 08901	732-937-7520 <a href="mailto:jmiller@njsbf.org">jmiller@njsbf.org</a> <a href="http://www.njsbf.org">www.njsbf.org</a>	Business, commercial law, careers in law constitutional law/Bill of Rights, Consumer rights, product liability, corporate law, court system, criminal law, drunk driving laws, family Law, domestic violence, divorce, adoption, child Custody, support, visitation, elder law, estate planning, wills, living wills, gay & lesbian issues, labor law, Workers comp, landlord-tenant law, legal assistance for the elderly, medical malpractice, negligence, personal injury, no-fault auto insurance, real estate sale and purchase, sexual harassment, small business	Various	Various
Jonathan Rochlin Merrill Lynch 50 Chestnut Ridge Rd. Montvale, NJ 07661	201-573-4504 Jonathan_Rochlin@ml.com	Retirement income strategies: how to not outlive your money; Which comes first: funding your child's education vs. your retirement; Adoption funding strategies	Any day, any time	Northern & Central NJ
Jeffrey Beck LPC, CCGC, JD, CART Council on Compulsive Gambling of New Jersey	609-588-5515 ext. 10	Compulsive gambling; anger management	Various	Statewide
Kathy Schwartz Cit Smith Barney 140 E Ridgewood Ave Paramus NJ 07652	201-967-3362 Kathy.a.schwartz@smithbarney.com	Helping widows survive financially after loss of spouse.	Weekdays	Morris Bergen
Lauren LaPorta MD Dept of Psych St Joseph's Reg Med Ctr 703 Main St Paterson NJ 07503	<a href="mailto:LaPortaL@sjhmc.org">LaPortaL@sjhmc.org</a> 973-754-2838	Stress and stress related disorders. Author of book "The United Stressed of America"	Flexible	NJ/NY/PA
Janet Pfeiffer	Work: 973-697-1904 Cell: 201-213-8499 <a href="mailto:Janet@PfeifferPowerSeminars.com">Janet@PfeifferPowerSeminars.com</a> <a href="http://www.PfeifferPowerSeminars.com">www.PfeifferPowerSeminars.com</a>	Anger/conflict management, difficult people, single living, stress management, eating disorders, overcoming adversity, personal growth, self-esteem, attraction, divorce, communication	Eve & Weekends	North/Central NJ

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Olga Sotomayor	Home: 201-768-2487 Cell: 201-248-5821 <a href="mailto:Osotomayor10@aol.com">Osotomayor10@aol.com</a>	Emotional Freedom Technique (EFT): energy practice used to deal with emotional/physical issues. Light Tapping on energy meridians. Like acupuncture without needles	Tue/Thur Weenends	Bergen, Essex Hudson, NY
Dr. Tamara Clark Unlimit Horizons PO Box 1332 Little Falls NJ 07424	973-519-5939 drclark@ <a href="http://www.unlimithorizons.com">www.unlimithorizons.com</a>	Recruiting, career coaching, benefits, organizational development, training & development programs, employee retention management, entrepreneurship	Various	New Jersey
Joyce Knox	609-880-1593	Need a change in your life? Has a failing economy, job loss, illness, relationship challenges prevented you from experiencing the best of your life? Allow me to show you how to attract the love you want, live the life you desire, laugh and be happy so you can feel and experience the best of your life. Love, live, laugh and experience the abundance you deserve	Various	Burlington Cty
Ernie Hodge David Lerner Assoc	609-806-2759	Finance 101, balancing a check book, setting up accounts, investments	Tue-Fri (day) T-W-TH (Eve)	Ocean Monmouth Mercer Middlesex
Scott Jones, CRPC® Ameriprise Fin. Svcs Inc. 1000 Atrium Way #401 Mt Laurel, NJ 08054 <a href="http://www.ameripriseadvisors.com/scott.e.jones">www.ameripriseadvisors.com/scott.e.jones</a>	856-359-9810 (office) 856-359-9838 (direct) <a href="mailto:scott.e.jones@ampf.com">scott.e.jones@ampf.com</a>	Financial planning retirement planning, planning for special needs children, estate planning strategies, charitable giving, investment planning, capital markets outlook, long term care planning, education planning, planning strategies for women, tax management strategies, and more	Various	Central & Southern NJ
Dianne L Ingemi Esq Newman & Ingemi 1 Eves Dr., Suite 111 Marlton, NJ	856-985-2440	Worker Compensation law, consumer law, personal injury	Day/Eve	Southern NJ
Jocelyn Bates	201-317-7466 973-984-0572 cell <a href="http://www.artsetc.net">www.artsetc.net</a>	Arts as healing, therapeutic memoir, losing weight, sexual assault (adults/kids), domestic violence, (adults/kids), recuperating after surgery (diet), Creative parenting, collage for the soul, Women's support groups (loss, connection, expression, Anxiety, Depression, low self-esteem, etc.	Various	Morris County Surrounding towns
Dr. Gary Hecht 235 Mountain Ave Springfield NJ 07081 <a href="http://www.hechtchiropractic.com">www.hechtchiropractic.com</a>	973-564-5885 (work) 973-985-4715 (cell) <a href="mailto:speakingdocs@aol.com">speakingdocs@aol.com</a>	Stress management: Boosting Your Health Potential & Reducing Stress, back safety & injury prevention; Peak Performances: The Six Facets of Health; growing healthy children; Stay Fit While You Sit; Headaches: the Real Pain in the Neck.	Thurs & eves Weekday 1-3pm	Union County
Maureen C.	Call the Clearinghouse 1-800-367-6274	Surviving any type of childhood abuse. How to overcome negative messages, "trust your gut" and follow your dreams. Change from a victim to a survivor to a Thriver.	Various times and days.	Morris Region

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Alison Maxfield	609-425-6014	Mental health, diagnoses, women and Depression, developmentally disabled and gardening	Various	Atlantic County
Chris Ann Waters PO Box 398 Allenhurst, NJ 07711	732-282-9625 (home) 732-822-4781 (cell) <a href="mailto:cawaters3@aol.com">cawaters3@aol.com</a>	Grief due to deaths of every kind (ie anticipatory & tragic. Also change & transition due to life changes—planned or imposed. Journal writing workshops. Published author of “Seasons of Good Bye:	Week nights Weekends Maybe retreats	Monmouth Ocean Others
Patricia Lambo Raritan, NJ 08869	908-526-3305 (work)	Emotional freedom techniques (EFT), a simple process of tapping certain parts of the body (acupuncture points) using the finger tips resulting in reduced and even eliminating the effects of emotional stress. Also used to address fears and phobias, weight issues and many other issues which block the achievement of our life goals.	Various	Somerset, Mercer Hunterdon, Middlesex
Lucy Matos LEARN of Jersey Shore Preferred Beh Health of NJ	732-276-1510 ext5212	Support education program for persons with mental illness who want to work toward a career goal.	Various	Atlantic Ocean Monmouth
Preferred Behavioral Hlth PO Box 2036 Lakewood NJ 08701 <a href="http://www.preferredbehavioral.org/">http://www.preferredbehavioral.org/</a>	732-458-1700	Stress, parenting, substance abuse, aging, retirement, balancing work/family, change, grief, family vacation survival, suicide prevention, learning disabilities, violence prevention	Various	Ocean
Dr. Genevieve Kumapley 250 W Main St. Moorestown, NJ 08057	732-676-5060 (cell) <a href="mailto:gkumapley@yahoo.com">gkumapley@yahoo.com</a> <a href="http://www.mygoalautism.org">www.mygoalautism.org</a>	Autism, therapies, prevention, pharmacy topics	Evenings Weekends	Middlesex Mercer/Union Essex Somerset
Fran Mann	845-826-0165 (cell) <a href="http://www.franmann.net">www.franmann.net</a>	Facial Image, self-esteem, make-up technology, make-overs for women who do not like their faces to the extent that it affects their self-esteem	Various	Morris
Peter Sciortino, MBA Oakhurst Wlth Mgmt Enriching Families Future 250 W Main St. Moorestown, NJ 08057	856-234-3450 <a href="http://www.oakhurstwealth.com">www.oakhurstwealth.com</a> <a href="mailto:psciortino@oakhurstwealth.com">psciortino@oakhurstwealth.com</a>	Financial Planning for the widow/widower. How loss of a spouse effects your families financial future. Have worked with many clients who went through personal loss of spouse.	Weekdays/ Eves by appt	Burlington Camden Gloucester
Ann L. Renaud Ramp, Renaud & Hlavenka LLC 7-G Auer Court Williamsburg Commons E Brunswick, NJ 08816	732-390-4949	Navigating NJ Juvenile Justice system and Mental Illness (including alcoholism, drug Addiction, schizophrenia, depression. Autism or bipolar) Helps people overcome legal obstacles.	Eves	Middlesex Hunterdon Union, Mercer Somerset Morris, Monmouth
Monique Scott La’Nique Productions Event coordinating Sister 2 Sister guest speaker <a href="http://sister2sister.synthasite.com">http://sister2sister.synthasite.com</a>	973-336-4243 MoniqueLscott@aol.com	Motivational speaker on women’s issues. “Blessed by the Storm,” job interviewing, parenting, divorce, forgiveness, relationships, work relations, finances, credit, “The Men We Love” wellness, “The Company We Keep” and more	Var.	Passaic Bergen Essex

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Mary Ellen Jackson PO Box 118 Collingswood NJ 08108	856-854-0815 856-470-4486 <a href="http://www.lightseeker.com">www.lightseeker.com</a> <a href="mailto:Mary_ellen_in_nj@netzero.net">Mary_ellen_in_nj@netzero.net</a>	Soul transition – “The Art of Dying Well”	Tue Eve Thurs day Some weekends	Collingswood Westmont Audubon Haddonfield, Mechanicville, Marlton, Moorestown, Oaklyn
Michael Laine	856-795-0522 <a href="mailto:Mlaine54@gmail.com">Mlaine54@gmail.com</a>	Anxiety, children of alcoholics	Eves	South Jersey Central Jersey Philadelphia

*Please note: the NJ Self-Help Group Clearinghouse does not endorse any of the speakers above. We list only the information that they give to us.*

**To add your name to the Speakers’ Bureau list**, or to report a change, email: [bwhite@saintclares.org](mailto:bwhite@saintclares.org) Please include the following information:

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- Subjects
- Availability
- Location