



New Jersey Self-Help Group Clearinghouse

SELF-HELP CLEARINGHOUSES WORLDWIDE

- [Canadian Clearinghouses](#)
- [International Clearinghouses](#)
- [NJ Self-Help Clearinghouse Home Page](#)

Self-help clearinghouses provide information on local support groups, especially the one-of-a-kind groups that are not affiliated with any national self-help organization. In addition, any of the clearinghouses listed below provide consultation to new and existing groups, training workshops, "how-to" materials for starting and maintaining groups, directories of local groups, and other services of interest to self-help groups.

NATIONAL

American Self-Help Group Clearinghouse * Maintains database of national self-help headquarters and model one-of-a-kind groups. Referrals to self-help clearinghouses nationwide. Offers assistance to persons interested in starting new groups. Publishes directory of national support groups. Director: Ed Madara. Write:
American Self-Help Clearinghouse
375 East McFarlan St.
Dover, NJ 07801
Phone: 973-989-1122; Fax: 973-989-1159
E-mail: ashc@cybernex.net Website: <http://www.selfhelpgroups.org>

National Self-Help Clearinghouse * Provides information and referral to self-help groups and regional self-help clearinghouses. Encourages and conducts training of professionals about self help. Carries out research activities. Publishes manuals and training materials. Write:
National Self-Help Clearinghouse
c/o CUNY
Graduate School and University Ctr.
365 Fifth Ave., Suite 3300
New York, NY 10016
Phone: 212-817-1822;

UNITED STATES

CALIFORNIA

Self-Help Connection (San Diego County) * Provides information and referral to over 600 free or low cost support groups in San Diego County. Also provides facilitator training for individuals who are interested in starting and maintaining support groups. Publishes yearly Directory. Write:
Self-Help Connection
c/o Mental Health Association
4069 30th St.
San Diego, CA 92104
Phone: 619-543-0412; Fax: 619-285-1938
Website: <http://www.mhasd.org> E-mail: pbeers@mhasd.org

SHARE! (Self-Help And Recovery Exchange) (Los Angeles) * Information and referrals to self-help groups in Los Angeles county. Technical assistance for new and ongoing self-help groups. Provides meeting space for groups. Verification of self-help meeting attendance for court or other purposes. Collaborative housing program. Director: Ruth Hollman. Write:
SHARE!
5521 Grosvenor Blvd.
Los Angeles, CA 90066
Phone: 1-877-742-7349 or 310-305-8878 Mon-Fri, 10am-6pm PST; 24 hour voice mail with information on the most requested groups)
Website: <http://www.shareselfhelp.org> E-mail: ruth@shareselfhelp.org

CONNECTICUT

Connecticut Self-Help Support Network (Statewide) * Information and referrals to support groups. Provides technical assistance in starting and maintaining groups. Group leadership training, educational workshops and conferences. Publishes directory of self-help groups, newsletter, other publications. Coordinator: Elaine Horn Write:
Connecticut Self-Help Support Network
The Consultation Center
389 Whitney Ave.
New Haven, CT 06511
Phone: 203-624-6982; Fax: 203-562-6355
E-mail: info@theconsultationcenter.org Website: <http://www.theconsultationcenter.org>

ILLINOIS

Self-Help Center (Champaign and surrounding Counties) * Information and referral to local support groups. Provides assistance in starting support groups, how-to materials, training workshops, directory, specialized group listings, newsletter, consultation to existing groups, and library of self-help literature. Write:
Self-Help Center
c/o Family Service
405 S. State St.
Champaign, IL 61820-5196
Phone: 217-352-0099; Fax: 217-352-9512; TDD: 217-352-0160
Email: smondaydorsey@yahoo.com Website: <http://www.selfhelp.famservcc.org>

KANSAS

Wichita State University Center for Community Support and Research (Statewide) * Provides information and referral to self-help groups. Offers technical assistance and consultation to existing groups or persons interested in starting groups. Community education, training workshops and conferences on self-help, and self-help group leader handbook. Conducts research. Write:
Wichita State University Center for Community Support and Research
Box 201, 1845 Fairmount
Wichita, KS 67260
Phone: 1-800-445-0116 (in KS) or 316-978-3843; Fax: 316-978-3593
E-mail: ccsr@wichita.edu Website: <http://www.ccsr.wichita.edu>

NEBRASKA

Nebraska Self-Help Information Services (Statewide) * Provides detailed information about support groups (local, national and online). Offers assistance to new and existing groups. Answers phone for fledgling groups. Coordinates statewide directory and information to newspaper columns. Write:
Nebraska Self-Help Information Services
c/o Barbara Fox
1601 Euclid Ave.
Lincoln, NE 68502
Phone: 402-476-9668; Fax: 402-434-3972

NEW JERSEY

New Jersey Self-Help Clearinghouse (Statewide) * Provides information and referrals to support groups. Assistance to new and existing groups. Workshops, conferences, directory of support groups. Write:
New Jersey Self-Help Clearinghouse
375 East McFarlan St.
Dover, NJ 07801
Phone: 1-800-367-6274 (in NJ) or 973-989-1122; Fax: 973-989-1159
E-mail: njshc@cybernex.net Website: <http://www.njgroups.org>

NEW YORK

New York City Self Help Center (Manhattan, Bronx, Staten Island, Queens, and Brooklyn). Provides information and referrals to local self-help groups. Assistance to new and developing groups. NYC Resource Guide \$10). Write:
NYC Self-Help Center
850 7th Ave., Suite 1220
New York, NY 10019
Phone: 212-586-5770 (Mon.-Thurs. – only open part-time); Fax: 212-399-2475
E-mail: srosenthal@jbfcs.org

Westchester Self-Help Clearinghouse (Westchester) * A central resource for mutual support groups. Provides information and referral to mutual support groups in Westchester County. Assists in the formation of new groups. Trains mutual support group leaders, sponsors

workshops and conferences, and provides community education. Directory of self-help groups. Phone networks for newly widowed men and women; and newly separated women. Director: Lenore Rosenbaum. Write:
Westchester Self-Help Clearinghouse
845 N. Broadway
White Plains, NY 10603
Phone: 914-761-0600 ext. 308; Fax: 914-761-5859
E-mail: rosenbaum@wics.com

Institute for Human Services/HELPLINE (*Steuben, Allegany, Schulyer, Yates and Chemung counties*) Information and referrals to local services and agencies, as well as local support groups. Provides assistance to new and existing self-help groups. Also acts as a 24-hour crisis and referral line. Newsletter, information and referral.

Write: Institute for Human Services/Helpline

6666 County Rd. II

Bath, NY 14810

Call 1-800-346-2211 (in NY); Admin: 607-776-9467.

E-mail: helpline@ihsnet.org

Website: <http://www.ihsnet.org> (to find the listing of support groups on the website: on the left side of the home page, under the heading "IHS Services" click on "2-1-1 helpline", then click on "Helpline Online", next click on the letter "S" or type in the phrase "Support Groups" in the keyword search box)

Mental Health Association of Monroe County Provides information and referrals to local support groups. Assistance in starting new groups, training workshops, how-to materials. Directory of local groups published online. Write:

Mental Health Association

320 North Goodman St.

Rochester, NY 14604

Phone: Cindi Licata 585-325-3145; Fax: 585-325-3188

Website: <http://mharochester.org>

Niagara Self-Help Clearinghouse (Niagara County) * Provides information and referrals to local support groups. Provides technical assistance to new groups. Networks with other community resources. Helps with new group development and holds group leader training. Newsletter, directory of self-help groups, mental health video/book library. Write:

Niagara Self-Help Clearinghouse

c/o MHA of Niagara County

36 Pine St.

Lockport, NY 14094

Phone: 716-433-3780; Fax: 716-433-3847

Website: <http://www.mhanc.com>

The Self-Help Clearinghouse (Rockland County) * Provides information and referral concerning self-help groups. Provides consultation and assistance to new groups that are forming. Newsletter, self-help calendar, directory of groups (\$3). Write:

Jennifer Conforto

Self-Help Clearinghouse

c/o MHA of Rockland County Inc.

706 Executive Blvd., Suite F

Valley Cottage, NY 10989
Phone: 845-267-2172; Fax: 845-639-7419
E-mail: hyattm@mharockland.org Website: <http://www.mharockland.org>

NORTH CAROLINA

SupportWorks * Provides information and referral to support groups in Mecklenburg County. Networks persons seeking mutual support. Provides consultation to people developing face-to-face and telephone conference groups. Free or low cost telephone conference calls available to non-profit organizations. Publications, including "Power Tools" on starting groups and a Cancer Resource Guide for Mecklenburg County (both available free online).. Write:

SupportWorks
1607 Dilworth Road West
Charlotte, NC 28203
Group Information: 704-331-9500 (group information) Director: 704-377-2055
E-mail: director@supportworks.org Website: <http://www.supportworks.org>

OHIO

Mental Health Association (Greater Cincinnati and surrounding counties/northern KY) * Provides referrals to local self-help groups. Publishes directory and website listing. Provides help to groups. Contact person: Sheila Sims. Write:

MHA
2400 Reading Rd., Suite 412
Cincinnati, OH 45202
Phone: 513-287-8542; Fax: 513-287-8544
E-mail: srsims@mhaswoh.org Website: <http://www.mentalhealthassn.org>

PENNSYLVANIA

Self-Help Information Network Exchange (SHINE) (Lackawanna County) * Provides information and referral to support groups in northeastern Pennsylvania. Sponsors workshops and special events for self-help advocates. Brochure. Community resource library. Write:

SHINE
538 Spruce St., Suite 420
Scranton, PA 18503
Phone: 570-961-1234 (24 hr.); Administration: 570-347-5616; Fax: 570-341-5816
E-mail: shine@vacnepa.org; Website: <http://www.vacnepa.org>

TENNESSEE

Mental Health Association of East Tennessee * Provides information and referral regarding self-help groups in eastern Tennessee. Publishes directory of local support groups. Write:

MHA of East Tennessee
P.O. Box 32731
Knoxville, TN 37930-2731
Phone: 865-584-9125; Fax: 865-824-0040
E-mail: info@mhaet.com Website: <http://www.mhaet.com>

TEXAS

Texas Self-Help Information and Education Service (Statewide) * Provides information and referral to local self-help clearinghouses and agencies statewide. Consultation to persons interested in starting new groups. Publishes technical manual for starting support groups and other manuals. Contact Person: Polly Hughes Write:

Texas Self-Help Information & Education Service
c/o MHA

1210 San Antonio St. Suite 200

Austin, TX 78701

Phone: 512-454-3706; Fax: 512-454-3725

Email: info@mhatexas.org Website: <http://www.mhatexas.org>

CANADA

ALBERTA

The Support Network - Edmonton's Distress and Information Centre (Edmonton) * Provides referrals to local self-help groups. Directory of local self-help groups. Publishes directory of self-help groups. Write:

The Support Network

10025 106th St. Suite 400

Edmonton

T5J 1G4 Canada

Phone: 780-482-4636; Admin: 780-482-0198 (to order directory); Fax: 780-488-1495

E-mail: admin@thesupportnetwork.com Website: <http://www.thesupportnetwork.com>

BRITISH COLUMBIA

PeerNetBC (Vancouver) * A registered, charitable organization dedicated to promoting peer support approaches that build the capacity of individuals and communities to become healthy, responsive and self-determining. Provides capacity-building facilitation workshops, consultations, information and referral, outreach and community development, bi-annual "Directory of Self-Help and Peer Support Groups in the Lower Mainland", central resource centre and the Kinex Youth Initiative. Write:

PeerNetBC

306-1212 West Broadway

BC V6H 3V1

Canada

Phone: 604-733-6186; Fax: 604-730-1015

E-mail: info@peernetbc.com Website: <http://www.peernetbc.com>

NEW BRUNSWICK

Community Information Centre (New Brunswick) * Provides information and referral on community services. Publishes a variety of human service directories. Write:

Community Information Centre

c/o Human Development Council

Box 6125 Station A

Saint John

New Brunswick E2L 4R6

Canada

Phone: 506-633-4636

Website: <http://sjhdc.ca> (to find support group listing on website: from the website home page click "community info" tab on top of page; next click "search our online community services database"; then type in "support groups" in the "find" search box) or <http://www.nbinfo.ca>

NOVA SCOTIA

The Self-Help Connection (Dartmouth) Referrals to provincial self-help groups. Assistance to new and existing groups. Publishes directory of local self-help groups. Write:

The Self-Help Connection

63 King St.

Dartmouth, Nova Scotia B2Y 2R7

Canada

Call: 1-866-765-6639 or 902-404-7800; Fax: 902-404-3205

E-mail: selfhelp@eastlink.ca Website: <http://www.selfhelpconnection.ca>

ONTARIO

Community Network Support Team (Owen Sound) * Provides information, education and assistance in the development of local mental health self help and support groups. Maintains lending library of mental health books and videos. Operates "Family Support Initiative" and "Consumer/Survivor Development Project" as well as database of mental health and addiction programs. Write:

Community Network Support Team

1139 Second Avenue East

Owen Sound, ON N4K 2J1

Canada

Phone: 519-371-4551; Fax: 519-371-6138

E-mail: cnst@qbchc.org Website: <http://www.mhagb.ca>

Self-Help Resource Center (Greater Toronto area) * Referrals to local self-help groups. Assistance to new and also existing groups. Directory of self-help groups. Information on Ontario and national self-help organizations and special projects. Write:

Self-Help Resource Center

40 Orchard View Blvd., Suite 219

Toronto, Ontario M4R 1B9

Canada

Phone: 416-487-4355 (Toronto area); 1-888-283-8806 (in Ontario); FAX: 416-487-0344

E-mail: oshnet@selfhelp.on.ca Website: <http://www.selfhelp.on.ca>

CMHA Barrie-Simcoe Branch (Barrie-Simcoe area) * Provides referrals to local self-help groups. Assistance to new and existing groups. Write:

CMHA

39 High St.

Barrie, Ontario L4N 1W2

Canada

Phone: 1-800-461-4319 or 705-726-5033; Fax: 705-726-0636

E-mail: info@cmhasim.on.ca

CMHA Grand River Branch Provides referrals to local self-help groups. Provides assistance to new and existing groups. Publishes directory of self-help groups. Write:

CMHA Grand River Branch

Centre for Mental Health

5420 Highway 6N RR5

Guelph, ON

Canada N1H 6J2

Phone: 519-766-4450

E-mail: admin@cmhawdb.on.ca

CMHA London-Middlesex Branch (London-Middlesex) * Provides referrals to local self-help groups. Assistance to new and existing groups. Write:

CMHA London-Middlesex Branch

648 Huron St.

London Ontario N5Y 4J8

Canada

Phone: 519-434-9191; Fax: 519-438-1167

E-mail: mailbox@london.cmha.ca Website: <http://www.london.cmha.ca>

CMHA Durham Region (Durham) * Provides referrals to local self-help groups. Assistance to new and existing groups. Publishes directory of self-help groups. Write:

CMHA Durham Region

60 Bond St. West

Oshawa, Ontario L1G 1A5

Canada

Phone: 905-436-8760; Fax: 905-436-1569

E-mail: cmha@cmhadurham.org Website: <http://www.cmhadurham.org>

Old Forge Community Resource Center (Ottawa-Carlton) * Provides referrals to local self-help groups. Assistance to new and existing groups. Publishes directory of self-help groups. Write:

Write:

Olde Forge Community Resource Center

2730 Carling Ave.

Ottawa, ON K2B 7J1

Canada

Phone: 613-829-9777; Fax: 613-829-9318

CMHA Windsor-Essex Branch (Windsor-Essex) * Provides referrals to local self-help groups. Assistance to new and existing groups. Write:

CMHA Windsor-Essex Branch

1400 Windsor Ave.

Windsor Ontario N8X 3L9

Canada

Phone: 519-255-7440; Fax: 519-255-7817

E-mail: info@cmha-wecb.on.ca Website: <http://www.cmha-wecb.on.ca>

Oxford County Self-Help Network (Oxford County) * Provides referrals to local mental health self-help groups. Publishes directory of resources and other self-help organizations throughout province. Lending library. Write:
Oxford County Self-Help Network
554 Princess St.
Woodstock, Ontario N4S 4H1
Canada
Phone: 1-877-464-3571 or 519-421-2980 ; Fax: 519-421-0826
E-mail: on.aibn.com Website: <http://www.ocl.net/projects/self-help/>

QUEBEC

Information and Referral Centre of Greater Montreal (Montreal) * Referrals to local self-help groups. Assistance to new and existing groups. Publishes directory of self-help groups. Write:
Information and Referral Centre of Greater Montreal
3155 Hochelaga St. Suite 101
Montreal H1W 1G4
Quebec
Canada
Phone: 514-527-1375; Fax: 514-527-9712
E-mail: crqm@info-reference.qc.ca Website: <http://www.info-reference.qc.ca>

Centre d'Action Benevol de Quebec (Quebec) * Information on local self-help groups. Helps to start and maintain groups. Write:
Centre d'Action Benevol de Quebec
245 rue Soumande
Local 285
Quebec (QC) G1M 3H6
Phone: 418-681-3501; Fax: 418-681-6481

MEXICO

Fraternidad de Grupos de Autoayuda y Ayuda Mutua. Website has information on starting a group; resources for existing groups; illustrative metaphors, stories, specialized articles; resources for professionals, and more. The Fraternidad helps those in Mexico seeking to find a group or wishing to start one, and Mexican groups seeking research assistance. Also helps professionals seeking to better understand self-help groups, professionals or students who wish to help self-help development or research, and all who wish more information on self-help groups. Write:
Fraternidad de Grupos de Autoayuda y Ayuda Mutua
Apartado Postal 210
Coyoacan, DF, 04331
Mexico
Phone: (+52) (55) 5689 6659
E-mail: info@ayudamutua.org Website: <http://www.ayudamutua.org>

INTERNATIONAL

AUSTRALIA

Collective of Self-Help Groups (*Victoria*) A network of self help and social action groups. Publishes statewide directory of groups. Phone inquiries are taken Wed. and Thurs., 10am-3pm. Assistance offered to start support groups.

Write: Collective of Self Help Groups

P.O. Box 251

Brunswick East

Victoria

Australia 3057

Phone: (61 3) 9349-2301

E-mail: info@coshg.org.au Website: <http://www.coshg.org.au>

ConnectionGroups – Support Groups Association WA Inc. (*Western Australia; formerly Western Institute of Self Help – WISH*) Supports self-help groups and identifies new groups. Guidelines to help start groups available.

Write: ConnectGroups – Support Groups Association WA Inc.

P.O. Box 8140

Perth Business Centre

Western Australia

Australia 6849

Phone: +61 08-9228-4488; Fax: +61 08-9228-4490

E-mail: info@connectgroups.org.au Website: <http://www.connectgroups.org.au>

Self-Help Queensland, Inc. (*Queensland*) Provides information on local self-help groups. Helps persons to start and maintain groups.

Write: Self-Help Queensland

P.O. Box 353

Sunnybank, Queensland

Australia 4109

Phone: 07-33344-6919

E-mail: selfhelp@gil.com.au Website: <http://www.selfhelpqld.org.au>

AUSTRIA

Fonds Gesundes Osterreich (Nationwide) * Supports self-help groups nationwide. Aids in starting and maintaining groups. Networks regional clearinghouses. Acts as a liaison with political and administrative entities. Contact persons: Andrea Lins and Doris Dusek. Write:

Fonds Gesundes Osterreich

SIGIS Service und Informationstelle für Gesundheitsinitiativen und Selbsthilfegruppen

Marianhilfer Straase 176/8

A 1150 Wien

Austria

Phone: +43 1 - 895 04 00 12; Fax: +43 1 - 895 04 00 20

BELGIUM

Trefpunt Zelfhulp (Flanders/Belguim) * Information and referrals to Flemish and local self-help groups. Helps new and existing groups. Education, crisis intervention, legal advice, advocacy, publications and research. Write:

Trefpunt Zelfhulp vzw

Van Evenstraat 2c

B-3000 Leuven

Belgium

Phone: +32 16 - 23 65 07 or + 32 16 - 32 31 58; Fax: +32 16 - 32 30 52

E-mail: trefpunt.zelfhulp@soc.kuleuven.be Website: <http://www.zelfhulp.be>

ENGLAND

Self-Help Nottingham (Nationwide) * Provides information and referral to self-help group in the Nottingham area. Also information service for local self-help groups in Nottinghamshire and national support organizations. Publications on self-help groups. Assistance in starting new groups in Nottingham and district. Write:

Self-Help Nottingham

Ormiston House

32-36 Pelham St.

Nottingham NG1 2EG

United Kingdom

Phone: +44 115 - 9 11 16 62 (general info); +44 115 - 9 11 16 61 (group info)

Inside UK: 0115 911 1662 (general info); 0115 911 1661 (group info); Fax: +44 115 - 9 11 16 60

E-mail: shn@selfhelp.org.uk Website: <http://www.selfhelp.org.uk>

Contact-A-Family (Nationwide) * Limited to illnesses/disabilities. Provides help and advice to families of children and young people up to the age of 19 with illnesses or disabilities. Provides information only to adults affected by rare specific disorders. Maintains online database of rare disorders. Networks people with similar disabilities. Write:

Contact-A-Family

209-211 City Rd.

London, EC1V 1JN

UK

Phone: +44 0 20 7608 8700 (mail office); Helpline for families: +44 0808 808 3555

Fax: +44 0 020 7608 8701

E-mail: info@cafamily.org.uk Website: <http://www.cafamily.org.uk>

PATIENT UK Online. * Provides information on health-related and bereavement self-help organizations serving the United Kingdom, which can then usually direct people to local support groups. Website: <http://www.patient.co.uk/selfhelp.asp>

GREECE

Self-Help Promoting Program National. Provides information on self-help groups throughout Greece. Promotes self-help in coping with addiction to psychoactive substances and other psychosocial problems. Supports citizens to start and maintain self-help groups. Trains health workers in support of citizens' initiatives. Conducts research into the applications of self-help in dealing with psychosocial problems.

Write: Self-Help Promoting Program

10 Mitropoleos St. (3 & 4th Floor)
54625

Thessaloniki, Greece

Phone: 32-310-500-477-8

E-mail: selfhelp@auth.gr Website: <http://www.auth.gr/selfhelp> or <http://www.selfhelp.gr>

ISRAEL

Israel Self-Help Center (National) * Information and referral to self-help groups nationwide.

Write: ISHC

14 Menachem Begin St.

Ramat-Gan. 52324

Israel

Phone: +792 3 7518334; Fax: +792 3 7518395

Website: <http://www.selfhelp.org.il>

JAPAN

Osaka Self-Help Support Center (Nationwide) * Provides referrals to local self-help groups.

Helps persons to start groups. Director: Hiroyuki Matsuda. Write:

Osaka Self-Help Support Center

c/o Osaka Volunteer Association

1-5-27, Doshin

Kita-ku, Osaka, 530-0035

Japan

Phone: +81-6-6352-0430 (1st & 3rd Sat. of every month between 14:00-18:00)

Fax: +81-72-254- 9781

Hyogo Self-Help Support Center Provides information on self-help groups in the Hyogo area.

Write: 1-8-22-101 Minamimachi Fukae

Higashinada-ku

Kobe City

Hyogo, Japan

Phone: +81-78-452-3082

E-mail: tshc@blue.forum.ne.jp Website: <http://www.hyogo-selfhelp.hoops.ne.jp>

STIALISH Self-Help Clearinghouse Miyazaki Provides information on self-help groups and basic manual in starting self-help groups (available in English).

Write: STIALISH Self-Help Clearinghouse Miyazaki

c/o Volunteer Center, 22

Haramachi 2-Chome

Miyazaki City 8808505

Japan

Phone: +81-90-7394-2320 (1st & 3rd Wed., 18:00-21:00) E-mail: mshc-stialish@pokopon.jp

LIECHTENSTEIN

Kontaktstelle SHG (Nationwide) * Referrals to local self-help groups.

Contact Person: Yvonne Odoni. Write:

Kontaktstelle SHG

Postfach 1

FL-9494, Schaan
Liechtenstein
Phone: +423 79 419 1802
Website: <http://www.kontaktstelle-shg.de/>

SWEDEN

Fenix Sjalvhjalscenter Provides information on self-help groups in Stockholm. Offers workshops and offers assistance in starting new groups. Offers workshops and offers assistance in starting new groups.

Write: Fenix Sjalvhjalscenter
Hagerstensvagen 162, 126 53
S-126 53 Hagersten (Stockholm)
Sweden

Phone: 0046-8-681-06-24

E-mail: info@fenix.org.se Website: <http://www.fenix.org.se/aboutfenix.htm>

SWITZERLAND

Stiftung KOSCH Nationwide coordinating organization for self-help groups. Umbrella organization for regional self-help clearinghouses throughout Switzerland. Assistance starting support groups. Write:

Stiftung KOSCH
Laufenstrasse 12
CH-4053, Basel
Switzerland

Phone: +41 061 - 333 86 01 (Verena Vogelsanger); Fax: +41 061 - 333 86 02

E-mail: gs@kosch.ch Website: <http://www.kosch.ch>

[Back to TOP](#)

[Home](#)